DSM-5

Diagnosis Changes from DSM-IV Stacy Waldron, PhD

Division of Developmental Disabilities



Mental Disorder

* Definition:

- * Syndrome characterized by clinically significant disturbance in an individual's <u>cognition</u>, emotion regulation, or behavior that reflects a dysfunction in the psychological, biological, or <u>developmental processes</u> underlying mental functioning.
- * Associated with significant distress in social, occupational, or other important activities.

DSM-IV

- Multi-axial diagnoses
 - * Axis I: Clinical Disorder
 - * Axis II: Personality Disorders/ Mental Retardation
 - * Axis III: General Medical Condition
 - * Axis IV: Psychosocial and Environmental Factors
 - * Axis V: Global Assessment of Functioning (GAF)

DSM-5

- * Replace Multi-axial diagnoses with a Non-axial system
- * Axes I-II-and III will be individual diagnoses
- * Axis IV and V will be separate notations
- * The 1st diagnosis will be the "principal" diagnosis
- * Continuum of severity (NOS vs. NED)

Neurodevelopmental Disorders

- Intellectual Disabilities
- Autism Spectrum Disorder
- * Social Communication Disorder

Intellectual Disabilities

- Formerly Mental Retardation
 - Intellectual Disability (new name)
 - * Requires both adaptive functioning deficits in one or more:
 - Conceptual (language, reading, or writing)
 - * Social (interpersonal communication, social judgment)
 - Practical (job, money, personal care)
 - * IQ test > 70 (2 SD below mean)
 - MUST occur in developmental period

Other ID Diagnoses

- * Global Developmental Delay
 - Individuals under 5 when clinical severity cannot be assessed reliably in early childhood
 - Must be reassessed after a period of time.
- * Unspecified Intellectual Disability
 - Over age 5 but considered "untestable" due to physical impairments or behavioral issues or co-occurring mental illness
 - Exceptional circumstances

Autism Spectrum Disorder (ASD)

- * PDD, Autism and Asperger's are now ONE diagnosis
 - * Criteria:
 - Communication deficits: responding inappropriately in conversation, misreading nonverbal interactions, difficulty building friends appropriate to their own age
 - 2. Restrictive Repetitive Behaviors (RRB): overly dependent on routines, highly sensitive to change in environment, intensely focused on inappropriate items
 - 3. MUST show up early in childhood
 - 4. BOTH deficits 1 & 2 must be present for diagnosis
 - If <u>PDD-NOS</u> appears new DX <u>Social Communication</u> Disorder

ASD

- * Severity: level of support needed
 - * Level 1) requires support may have one adaptive deficit
 - * Level 2) substantial support- multiple adaptive deficits
 - * Level 3) very substantial support several adaptive deficits

ASD

- Co-morbid diagnoses
 - * With or without intellectual disability
 - * With or without language impairment
 - * With catatonia
 - * Associated with a medical condition
 - * Associated with another mental illness (ADHD, depression)

Social Communication Disorder

- * Persistent difficulties in the social use of verbal and nonverbal communication
- * Greetings and sharing information in a social context
- * Unable to change information to match context
- Unable to follow rules of conversation and storytelling (taking turns)
- * Onset in early developmental period

Mood Disorders

* <u>Depressive Disorders</u>:

- Disruptive Mood Dysregulation Disorder children up to age 18 who exhibit persistent irritability and frequent episodes of extreme behavioral disruptions
- * Anxiety Disorders:
 - PTSD: will be recognized in children and separate criteria for ages 6 and younger
 - * Selective Mutism: must appear in the developmental period. It is an anxiety disorder but may look DD